

Courtyard Café Menu

Light Bites

Teacake and butter	£2.25	Beans on Toast (2 slices)	£3.95
2 slices of toast, butter, and jam or marmalade	£2.50	Cheese on Toast (2 slices)	£4.95
Bacon or Sausage Bap	£3.50	Soup and a roll	£5.95
with locally-produced black pudding	£1.00 extra		

Sandwiches or Toasted Panini/Wrap

£7.95

All served with salad or crisps, and home-made coleslaw

Tuna mayo

Ham

Coronation chicken

Nant Ucha egg mayo

Cheese & onion or chutney or tomato

Brie, bacon & cranberry

Perl Las (blue cheese) & caramelised onion chutney

Houmous, pine nuts & cucumber

Goats cheese, roasted pepper & pesto

Jacket Potatoes

£7.95

All served with salad & coleslaw

Coronation chicken

Tuna mayo

Cheese

Beans

Mashed avocado & cherry tomatoes

Lentil & spinach curry

Salads

£7.95

Chicken Caesar salad – sliced chicken breast, crispy bacon, croutons & parmesan with caesar dressing

Tuna salad – tuna mayo, lettuce leaves, cucumber, peppers & tomatoes dressed with a balsamic glaze

Pesto Pasta – pasta, pinenuts, olives & sundried tomatoes

Mains

Homemade lobsgows served with a bread roll £7.50

Welsh Rarebit – a mix of cheeses, mustard and ale on toasted bread served with a mixed salad & coleslaw £7.95

Homemade Quiche, served with salad & coleslaw £7.95

Locally-produced beefburger with homemade wedges and salsa £7.95

3-egg Nant Ucha omelette with salad and coleslaw, and your choice of two fillings, from the following:
cheese, mushroom, ham, peppers, tomatoes or chicken £7.95

Homemade vegetarian or meat lasagne served with a mixed salad and garlic bread £7.95

Ploughman's Sharing Platter £12.95

Hot Drinks

Lavazza Coffee

Espresso	£2.50
Americano	£2.50
Latte	£2.75
Cappuccino	£2.75
Mocha	£2.95
Hot Chocolate	£2.95

Teas

Breakfast Tea	£2.25
Decaff Tea	£2.25
Earl Grey	£2.50
Green Tea	£2.50
Infusions: Peppermint	£2.50
Chamomile	£2.50